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To Whom It May Concern:

It is with pleasure that I offer this letter in support of *Heartsong*.

At the Young Caregivers Association, our vision is to see a Canada where Young Caregivers and their families are recognized, supported, and empowered to achieve their full potential. Our organization supports young caregivers who are ages 5-25 who care for someone in their family due to a physical disability, intellectual disability, chronic illness, mental health concern, or addiction.

Heartsong addresses some of the unique challenges that young caregivers face, while also highlighting the joys of caring for a family member. This project can help them to know they're not alone in their experiences, and to connect them to supports such as our organization that exist to support them through community, tools and resources specific to their needs. There are so many young caregivers out there who aren't identified, and this film can create a domino effect to access those that don't have the support they need yet.

This film will create awareness for young caregivers and shine a light on something that many Canadians experience which often goes unnoticed. This unique approach of using a film to share a story can often be more relatable than a typical educational format. It can serve to inform the general public about the young caregiver experience and help young caregivers feel more valued and validated by those around them.

Thank you for considering this valuable project.

Sincerely,

**Cayleigh Sexton**  
Director of Programs & Services  
Young Caregivers Association